

Jane's Favourite dance

Formation: Longways 5 couples

Music: 40 bars 2/4 reels

Bars	Steps
4 4	In lines forward 4 steps and out Top 2 couples and bottom 2 couples star Right 8 steps (once round to place) end in straight lines WHILE - Middle couple swing
4 4	In lines forward 4 steps and out Top 2 couples and bottom 2 couples star Left 8 steps (once round to place) end in straight lines WHILE - Middle couple swing
16	Middle couple cross over and face out; Going to their own Right they go round the outside of the set to their original places, flow into.... Middle couple cross over and face out; Going to their own Left they go round the outside of the set to their original places. Should they do the above quickly they can use up the rest of the music with a swing.
8	Top couple gallop down the middle of the set and as they pass the standing couples move up one spot All swing partner to end of music.

Repeat above at least 4 more times.