

## Virginia Reel

**Formation:** Longways set 7 couples

**Music:** Lively reel x 32 bars, jig x 32 bars, march x 16 bars

Bars	Steps
2	In lines advance to partner and honour (bow or curtsey)
2	In lines retire back to place
4	All Right hand/arm turn partner once around to place
4	All Left hand/arm turn partner once around to place
4	All Two hand turn partner once around to place
4	All do-si-do partner by the Right shoulder
4	All do-si-do partner by the Left shoulder
8	Top couple gallops sideways to the bottom and back.
32	Top couple 'Strips the Willow' ( <i>Top couple link Right arms and turn one and a half times. Women give Left arm to second Man, WHILE Man gives Left arm to second Woman. They turn once around, return to the middle of the set, where they link Right arms with partner and turn once around. Continue in this way to the bottom of the set.</i> ) Top couple now swings/slip step partner back to the top of the set.
16	Everyone faces the front and top couple turning away from partner lead a cast off to the bottom of the set, with others following the one in front. Top couple makes a two hand arch at the bottom, others meet their partner, take inside hands, lead through the arch and reform the set. - PROGRESSION

Repeat until the original top couple is back at the top